
Overcoming Sin

Sin is a personal problem. We all have this problem but not many know how to overcome the problem on a daily basis. Often times we confuse sin with temptation or trials. In the space below, write your definitions of:

Sin

Temptation

Trial

The drive between Campulung and Brasov, Romania is one of the most beautiful in the country. You wind back, forth, and around beautiful mountains; up and down into valleys. On the most dangerous curves there are guard rails to prevent a car from going over the edge. The Christian life can be similar to driving on that mountainous road. However, sometimes we do not realize that God has placed guard rails to prevent us from falling into sin. Instead, we sin (which is much easier) and administer the cure. We practice “spiritual breathing” by confessing (exhaling) our sins (1 Jn 1:9) and asking to be filled (inhaling) with the Holy Spirit (Eph 5:19) and we are restored again in a fellowship with God. If we drove the way we sometimes live our Christian lives we would need hospitals at the bottom of every dangerous curve to care for our injuries! Like the guard rails that prevent cars

from going over the edge, God has provided the means to live our Christian life so that we can overcome sin.

Three Keys to get Started

Read Romans 6:1-14

God's provision for us to not wind up in the sin hospital is stated very clearly in the passage. In order to start on the right road to overcoming sin we need to understand three keys (Remember to use the Discovery Learning Questions from the study on Teaching the Bible):

Know

Consider

Present

Application

It's one thing to understand the keys and another to put them in the ignition to get started on the road to obedience and overcoming sin.

Read 1 Corinthians 10:13

Here we see that there is always a way to escape the temptation of sin. In the following examples, write out a potential way of escape.

1. You are at an office party with your colleagues and they are prodding you to drink another cocktail.

2. Its late at night and you are with your boyfriend/girlfriend. You are sitting in the living room with the lights off and no one home. Nice music is playing in the background and the thoughts of sex begin to go through your mind.

3. Someone just pulled right out in front of you totally ignoring the yield sign. You slam on your brakes and skid to a stop. Smoke is about to come out your ears.

What if we go over the edge?

Read 1 John 1:9 and write in your own words what you should do when you sin.

Read Ephesians 5:15-19 and write in your own words how you should live.

We Always Have Choice

That is one of the wonderful things about being created in God's image. We can choose to obey God and overcome sin or we can choose to live in sin and suffer the consequences. What is your choice?

Today I choose to live obediently for God.

Name: _____ Date: __/__/__

Today I choose to live in my own pleasure.

Name: _____ Date: __/__/__